



Weymouth Club Medical Advisory Board



Daniel F. Driscoll MD, PCP

Dr. Driscoll is Medical Director, Tufts Medical Center, Primary Care in Quincy; Primary Care Physician; and Assistant Professor at Tufts University School of Medicine. He specializes in Internal Medicine and Adult Primary Care.

Area of specialty represented on the Weymouth Club Board: Primary Care



Scott Lutch MD

Dr. Lutch received his degree from the Boston University School of Medicine after completing his Internship, Residency, and Fellowships at St. Elizabeth's Medical Center. He is Board Certified in Cardiology and Internal Medicine.

Area of specialty represented on the Weymouth Club Board: Cardiology



Pauline Dickson, BS

Pauline Dickson earned her B.S. in Exercise Science from The University of Massachusetts Boston. She has over 20 years of experience as an exercise specialist in cardiac rehabilitation in the clinical setting. She teaches her cardiac, pulmonary, and medical fitness patients how to manage their health through exercise and behavior change. Pauline is also a certified yoga teacher and received her 500-hour certification in 2015. She teaches yoga to cardiac and pulmonary patients as well as to the healthy population at the Weymouth Club. She is dedicated to continuing to build programming that promotes exercise as medicine.

Area of specialty represented on the Weymouth Club Board: Cardiology



Kim Trudel MS, RD, LDN, NUTRITIONIST

At Weymouth Club for over a decade now, Registered Dietician Kim Trudel leads nutrition counseling and several nutrition programs, including our 90-Days to Healthier Ways program. Trudel has her Master of Science: Nutrition & Health Promotion, Master of Arts: Concentration Biology, BA in Psychology/Biology, and completed her Dietetic Internship at Beth Israel Deaconess Medical Center. Her specialties include Nutrition for overall health, Weight Loss, Weight Gain, IBS, Elevated Cholesterol, Heart Disease, Diabetes, High Blood Pressure, Celiac Disease, Women's Health, Gastrointestinal Disease, Heart Disease, Food Allergies, Celiac Disease, and Sports Nutrition.

Area of specialty represented on the Weymouth Club Board: Nutrition



Melanie Snyder PT, DPT

Melanie is Regional Clinic Manager at Bay State Physical Therapy. She attended Northeastern University where she earned her Doctorate of Physical Therapy as well as her B.S. in Rehabilitation Sciences. Her clinical experience includes outpatient orthopedics, home care therapy, and inpatient orthopedic trauma. Melanie treats patients of all ages and ability levels both on land, and with aquatic therapy, in an effort to maximize patient outcome. She works closely with an interdisciplinary team including chiropractors, personal trainers, nutritionists, and massage therapists at the Weymouth Club.

Area of specialty represented on the Weymouth Club Board: Physical Therapy